

**MICHELLE HARGREAVES**

**CPCC, PCC**

**Certified Executive Leadership  
Coach and Master Facilitator**



With over 25 years of business and coaching experience, Michelle brings a blend of unique talents to support leaders and their teams in reaching their full potential.

In her role Michelle coaches individuals at all levels of the organization including emerging leaders, high potentials and senior leadership. Michelle is passionate about helping individuals and teams to cultivate their leadership brand and subsequent leadership skills using a process that uncovers intrinsic motivation and empowers alignment. Michelle's areas of expertise include authentic leadership, emotional intelligence, communication, influence, team effectiveness, conflict and trust.

Michelle is also a skilled facilitator and has successfully developed and facilitated sessions designed to improve leadership and team effectiveness.

Michelle's experience spans across many industries and disciplines including; oil and gas, health care, human resources, sales, technology, finance, insurance, manufacturing and construction. She has worked with numerous not for profit organizations and other B2B industries.

Michelle holds her Professional Certified Coach (PCC) designation with the International Coach Federation (ICF) and is a Certified Professional Co-Active Coach (CPCC) with the Coaches Training Institute (CTI). Michelle has completed the Queens Executive Program, Mount Royal University Adult Education Program and holds a host of industry related designations including, Myers Briggs, Thomas Kilmann, Leadership Effectiveness Assessment and EQ-i-2.0.

