

MARY K. REID
MA, PCC

**Certified Executive Leadership
Coach and Management Consultant**



With over 25 years of business and coaching experience, Mary is a leader in partnering with her clients to achieve their goals and in delivering talent development results across a variety of industries. She has successfully coached over 850 senior and executive-level leaders from small, large, local and multinational companies.

In her role as certified executive leadership coach and management consultant, she helps clients accelerate their performance, expand and leverage their unique capabilities and develop high impact teams. Mary has a passion for, and keen expertise in, helping individuals take on new levels of leadership and/or expanded accountabilities.

She is also a skilled facilitator and has successfully facilitated sessions to deepen leaders' capability in communications, trust building, team development, conflict management and change management.

Mary's experience includes successfully coaching all levels of leaders for 15 years and holding roles as a senior talent development leader for a multinational organization and chairperson for a CEO development group. She has extensive experience partnering with clients to help them reach their full potential. Mary's clients consistently indicate that they benefit from her proven strengths, her integrity and the depth and breadth of her experience.

Mary is a Certified Executive Coach through Royal Roads University's Faculty of Management and is a Professional Certified Coach (PCC) with the International Coach Federation (ICF). She is a Summa Cum Laude graduate from McMaster University where she obtained a Bachelor of Arts, Sociology. She also earned her Masters of Arts in Counselling at Gonzaga University.